

ASCA

Adult Survivors of Child Abuse

A Morris Center Program



From Survivor to Thriver...

ASCA is an innovative and effective support program designed specifically for adult survivors of physical, sexual, and/or emotional child abuse or neglect. The program was designed to support and assist survivors of child abuse, irrespective of their financial situation, in moving on with their lives.

The two basic components of the ASCA program are individually reading and working the [Survivor to Thriver](#) manual *and* participating in ASCA meetings. Meetings are the backbone of the ASCA recovery program.

Meeting Information: this meeting is now virtual!

3rd Thursday of each month, 4:30p PT / 7:30p ET

Sliding Scale Fee: \$5-\$20. No one turned away for lack of funds.

[Register here: www.rachelgrantcoaching.com/asca](http://www.rachelgrantcoaching.com/asca)

Feel free to contact me if you have any questions:

Rachel, coach@rachelgrantcoaching.com

415.513.0700

www.rachelgrantcoaching.com

See you there!

To learn more about ASCA, visit <http://www.ascasupport.org>